

## Vitamin B12

\$15

Vitamin B12 Deficiency can cause anemia, fatigue and neurological problems. Injections can increase energy levels, improve metabolism, enhance brain function, promote heart health, support bone health and improve skin, hair, nails and sleep quality.

Vitamin D \$25

Vitamin D promotes calcium absorption reducing the risk of osteoporosis and fractures. Supports the immune system reducing risks of infections and autoimmune diseases. May improve mood, reduce depression and enhance cognitive function.

## Immune Support

\$25

A triple defense immunity formula that consists of potent antioxidants and an essential mineral that assists in supporting the body's immune system. Contains Glutathione, Ascorbic Acid Vitamin C and Zinc Sulfate. Increases immune response and strengthens a weak immune system, decreases inflammation, optimizes healthy cell function and aids in wound healing.

## Glutathione

\$25

Glutathione has many potential benefits for the body including improved immune system function, helps the liver to detoxify harmful substances, helps with anti-aging to improve skin health, reduce the appearance of wrinkles and improve overall health and vitality. Can help reduce inflammation in the body which can help reduce the risk of chronic diseases plus improve mental health.



Angela Hedges DNP, FNP-BC

It only takes a few minutes!
Ask about it today!





Andrew Monroe FNP-C